



**ABBOTSFORD**

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# **CHILD CARE RESOURCE & REFERRAL**

**JANUARY -  
MARCH  
2025**

**Training Calendar**



BRITISH  
COLUMBIA

ChildCareBC

Funding for the CCRR is provided by the Province of British Columbia.



Child Care Resource & Referral



# **REGISTRATION POLICIES & PROCEDURES**

## **Training certificates**

Training certificates will be issued via email within 5 business days of the workshop attended. To receive a certificate you must arrive on time, participate, stay for the entire session and have your video on (if online). If you have not received your certificate after 5 business days, please call us. If you require a copy of your certificate after 30 days of the workshop you will incur a \$10 reissuing charge.

## **Late Arrivals**

Late arrivals of more than 15 minutes will not be admitted to the workshop.

## **Registration/Payment**

Prepayment is required for all workshops.

## **Online Registration**

Online registration is available on our website ([www.abbotsfordccrr.ca](http://www.abbotsfordccrr.ca)). When you register for workshops online it will keep a record of all your upcoming and past workshops.

## **In Person Registration**

Credit card payment can be taken over the phone. Debit and credit payments are taken in office.

## **Methods of payment**

Credit (Visa or MasterCard), debit, cash, or cheque (payable to Archway Community Services).

## **Workshop cancellations (regular workshops)**

Registrants can cancel up until two full business days prior to the scheduled workshop date. Cancellations received before the deadline will be given a workshop credit (not a refund) to be used towards future workshops at Abbotsford CCRR. Workshop credits are valid for one year from the date of the cancelled workshop. Due to unforeseen circumstances, workshops may be subject to change or cancellation, in this case we will issue a refund.

## **Course cancellations (First Aid and Responsible Adult)**

Registrants must cancel one week (5 business days) prior to the course/class start date in order to receive a refund. The original receipt must be provided at the time of refund.

## **Workshop location (In Person)**

Workshops will be held at Archway Community Services in the Jasbir Saran Room (B100), unless otherwise stated.

## **Workshop location (Online)**

Online workshops will be held via Zoom. You do not need to make an account for Zoom, as we will send you a link to the workshop. You will need a laptop, computer or smart phone with access to internet, video and audio. We require your video to stay on for the entire workshop to receive your certificate.

January-March 2025

## WORKSHOP 1



# CHILD CARE START-UP INFORMATION SESSION

Are you interested in opening your own child care centre and not sure where to start?

Join our CCRR consultants for a 1.5 hour information session that will provide you the beginning steps of starting and opening your in-home or commercial setting child care centre.

**\*NO CERTIFICATE IS GIVEN FOR THIS INFORMATION SESSION**

**Date:** Wednesday January 8, 2025

**Time:** 5:15pm - 6:30pm

**Cost:** Free

**Location:** Abbotsford CCRR

#102 - 2469 Montrose Avenue, Abbotsford BC V2S 3T2

## WORKSHOP 2

# SKINNED KNEES: THE BENEFITS OF RISKY PLAY

Participants will have an opportunity to explore the importance of "managed risk" in children's play to keep them engaged and learning. Content includes:

- The science behind the benefits of risky play: focusing on the physical, emotional and psychological development that occurs
- How risky play impacts literacy and learning
- Research indicating how to access active outdoor play- with its risks- is essential for healthy child development
- Discussions surrounding how parents, caregivers and professionals can increase opportunities for unstructured, self-directed play that expose children to developmentally appropriate situations that allow them to self-manage risk.

**Presenter:** This workshop will be presented by a Bookmates Facilitator. Bookmates is a non-profit organization based in Winnipeg with over 40 years' experience in supporting early learning educators. Bookmates stays current with emerging research and themes related to healthy child development and uses a literacy lens to share strategies, information, resources and practical experiences.

**Date:** Thursday January 9, 2025

**Time:** 6:00pm - 8:00pm

**Cost:** Members \$15, Non-Members \$20

**Location:** Online via Zoom

WORKSHOP 3

# “HOW TO TALK TO PARENTS ABOUT THEIR CHILD’S BEHAVIOUR”



This presentation is intended to emphasize the current information on recommended practices for working with families. It includes a brief review of the parental and professional roles and review of promising Family Centered Practice. It also provides strategies on “how to talk to parents in a friendly but informative way that will enhance parent-professional interaction and prompt parent's participation in their child's early education and development. The importance of, and strategies for collaborative communication with a family is also presented.

**Presenter:** Malgosia Tomanik, M.Ed., is a Family Consultant who specializes in supporting children from preschool to high school age and their parents/caregivers in a variety of environments, including homes, school, and childcare settings. Malgosia is experienced in addressing concerns associated with the daily challenges of caring for a child/youth who requires support, helping to make sense of difficult behavior and supporting the big people for each child in finding a way through. Malgosia Tomanik also works as an FASD Key Worker with the Fraser Valley Child Development Centre and in British Columbia, Canada. In her role as a Key Worker, Malgosia provides support to parents/caregivers raising children and youth who are living with FASD and other neurobehavioral conditions.

**Date:** Saturday January 11, 2025

**Time:** 9:30am - 11:00am

**Cost:** Members \$15, Non-Members \$20

**Location:** Online via Zoom

WORKSHOP 4

# CURRICULUM PLANNING

During the seminar we will discuss what curriculum is and how curriculum has been traditionally practiced in early childhood education settings.

From this understanding we will delve deeper into aspects of curriculum that will in turn expand on our capacity to view it as 'what is done' and 'how', and work with/in it in ways that enriches the sense of belonging, connections to ourselves, others and the natural world, as well as the relational capacities.

**Presenter:** Ana Vojnovic works as an educator (UBC Child Care) and an artist-designer. Her pedagogical and creative practices are an integrated interdisciplinary response to basic questions of how built/ designed environments affect and condition human perception, communication, learning, and socialization.

**Date:** Thursday January 16, 2025

**Time:** 6:30pm - 8:30pm

**Cost:** Members \$15, Non-Members \$20

**Location:** Online via Zoom



WORKSHOP 5

# WONDER OF LOOSE PARTS: IGNITING CREATIVITY IN EARLY CHILDHOOD EDUCATION



Step into a world of wonder with our "Wonders of Loose Parts" workshop, where we'll explore the magic of loose parts play in early childhood education. Through dynamic hands-on activities and engaging discussions, educators will uncover the boundless creative potential of open-ended materials. Participants will delve into the principles of loose parts play, discovering how simple objects can inspire endless innovation and imagination in young learners.

Lobna's Message: Get ready to embark on an exciting journey into the world of open-ended materials and creativity in early childhood education. Let's dive in and discover the magic of loose parts play together!

**Presenter:** Lobna Ajaini is an Early Childhood Leader with an Honours Bachelor of Early Childhood Leadership Degree and an Early Childhood Education Diploma from Sheridan College. She is completing MPED, a Master's Degree of Professional Education in ECE through Western University. Lobna is a multi-award-winning educator and leader who received the 2022 Honours Bachelor of Early Childhood Research Award about Forest Schools, the 2019 Sylvia Leal Leadership Award, and the 2016 Davis Campus Commemorative Award. Recently, Lobna was featured in the prestigious Hoinser Media Group book as one of the 100 top powerful global leaders. Lobna is the founder of Childhood Empowerment, a platform dedicated to fostering growth and development for early childhood educators. She is currently working as an ECE college instructor at Mohawk Mississauga Campus. She previously worked as a Family Support Facilitator, site director and Montessori French teacher. Lobna is passionate about Diversity, Equity, and Inclusion (DEI), humanitarian and environmental community projects. Her love for creativity and innovation stems from her educational background in the engineering field. She values lifelong learning and facilitating workshops to empower educators, children and families.

**Date:** Saturday January 18, 2025

**Time:** 10:00am - 11:30am

**Cost:** Members \$15, Non-Members \$20

**Location:** Online via Zoom

WORKSHOP 6

# PROMOTING IMAGINATION & CREATIVITY IN A MEDIA-SATURATED WORLD

Our current circumstances have made parents and educators rely on more screen time to educate and entertain young children. But how do we find balance to promote creativity, imagination, and engagement in this screen-dependent world? This workshop will examine current research on the impact of screen time on young children's development, creativity, and engagement. It will also provide educators with resources to enhance young children's imaginative capacities via curriculum initiatives seen in the education frameworks of imaginative education.

**Presenter:** Kym Stewart holds a PhD in Education and an M.A in Communications from Simon Fraser University. Her PhD thesis explores her decades of media research, including various projects looking at children's media culture and media education practices. Her M.A. also explored youth media culture and is one of the earliest explorations of South Korea's youth gaming and PC-Bang culture. She currently works as an instructor in the School of Communication at Capilano University.

**Date:** Thursday January 23, 2025

**Time:** 6:30pm - 8:30pm

**Cost:** Members \$15, Non-Members \$20

**Location:** Online via Zoom



WORKSHOP 7

## ALERT EMERGENCY FIRST AID CPR - LEVEL C

This fun and interactive 8 hour course trains people how to react and improvise when dealing with life threatening emergencies. This course includes initial assessment, disease prevention, secondary survey, airway obstruction, adult, child and infant CPR and AED (level C). Recognition and first-aid treatment for head and spine injuries, shock, burns, bleeding, seizures, broken bones, anaphylactic shock, small wound management, poisoning, heat exhaustion and heat stroke will also be addressed. Participants spend the majority of the course doing hands on first-aid and participating in first-aid scenarios. By practicing with scenarios students gain confidence, learn to improvise, and react in emergency situations. This course meets Child Licensing guidelines.

**Presenter:** Alert First Aid Facilitator

**Date:** Saturday January 25, 2025

**Time:** 8:30am - 4:30pm

**Cost:** \$100

**Location:** Archway Community Services | Jasbir Saran Room (100B) | 2420 Montrose Ave, Abbotsford V2S 3S9



WORKSHOP 8

## CHILD CARE START-UP INFORMATION SESSION

Are you interested in opening your own child care centre and not sure where to start?

Join our CCRR consultants for a 1.5 hour information session that will provide you the beginning steps of starting and opening your in-home or commercial setting child care centre.

**\*NO CERTIFICATE IS GIVEN FOR THIS INFORMATION SESSION**

**Date:** Wednesday February 5, 2025

**Time:** 5:15pm - 6:30pm

**Cost:** Free

**Location:** Abbotsford CCRR

#102 - 2469 Montrose Avenue, Abbotsford BC V2S 3T2





WORKSHOP 9

# THE BIG 3

In this session learn about:

- How the everyday behaviors of not listening, not participating and rude behavior can be the most challenging
- Strategies to support listening and participation through creative engagement
- The importance of rapport and clear guidelines
- Relevant case scenarios as brought forward by participants. For more information visit [www.REiLlearning.com](http://www.REiLlearning.com)

**Presenter:** Katy Bigsby is described as an expert on creating inclusive and caring learning environments where all students (and leaders and educators!) can thrive. Katy is the founder of REiL Learning, an educational consultancy that supports organizations integrate social emotional learning and build creative ways to engage all learners. Katy holds a master's degree in educational leadership, specializing in adult education and brings a wealth of experience as a teacher, counsellor, and adult educator. When Katy is not creating learning opportunities and trainings, she loves walking on the Galloping Goose trail, spending time in her garden, reading, singing, and sitting by the fire in winter with family and friends or sipping a spritz drink on her back deck in the summer.

**Date:** Thursday February 6, 2025

**Time:** 6:30pm - 8:30pm

**Cost:** Members \$15, Non-Members \$20

**Location:** Online via Zoom



WORKSHOP 10

## COACHING LEADERS

If you want to lead with confidence; create change and improve the quality of your program; and enhance relationships with your families then Coaching Leaders workshop is for you! Come and join our licensing officers in the Coaching Leaders modules- Complaint and Communication.

**Presenters:** Stacey Walker and Tracie Bourgeois are Child Care Licensing Officer with Fraser Health.

**Date:** Saturday February 8, 2025

**Time:** 9:00am - 12:00pm

**Cost:** Members \$15, Non-Members \$20

**Location:** Archway Community Services | Jasbir Saran Room (100B) | 2420 Montrose Ave, Abbotsford V2S 3S9



WORKSHOP 11

## SPEECH, LANGUAGE AND COMMUNICATION IN THE PRESCHOOL YEARS

Participants will gain information on specific communication challenges, and strategies to use within their own educational settings. Specific emphasis will be placed on the following: speech and language milestones, disorders of the voice, stuttering, augmentative and alternative communication, feeding and swallowing, bilingual and multilingual language development, specific strategies to facilitate communication.

**Presenter:** Shari Linde has been working as a speech-language pathologist since 1994. She specializes in the communication and swallowing differences of adults and children who have neurological damage, developmental disabilities, psychiatric conditions, or autism.

**Date:** Thursday February 13, 2025

**Time:** 6:30pm - 8:30pm

**Cost:** Members \$15, Non-Members \$20

**Location:** Online via Zoom



WORKSHOP 12

# FOSTERING RESILIENCE IN NEURODIVERGENT LEARNERS



Are you an early childhood educator seeking to enhance your understanding and support of neurodivergent children in your care? Join us to explore how you can positively support children with different sensory profiles to influence behaviour and learning. Gain practical strategies for fostering resilience through social-emotional development and co-regulation techniques. The session will include interactive discussions and hands-on activities, equipping you with the tools to create inclusive and supportive environments that cater to each child's unique needs.

**Presenter:** Marlo Humiski (she/her/they/them) is an engaging and inclusive educator with over eight years of experience with children in educational programs. She holds a Master of Arts in Children's Literature from the University of British Columbia, a multidisciplinary program that draws from the departments of Education, Language and Literacy Education, English, and Library Science. Marlo has extensive experience and a passion for working with preschool and elementary school-aged children. Marlo believes every learner is unique and that celebrating our differences makes us stronger.

**Date:** Thursday February 20, 2025

**Time:** 7:00pm - 8:30pm

**Cost:** Members \$15, Non-Members \$20

**Location:** Online via Zoom

WORKSHOP 13

# ALERT EMERGENCY FIRST AID CPR - LEVEL C

This fun and interactive 8 hour course trains people how to react and improvise when dealing with life threatening emergencies. This course includes initial assessment, disease prevention, secondary survey, airway obstruction, adult, child and infant CPR and AED (level C). Recognition and first-aid treatment for head and spine injuries, shock, burns, bleeding, seizures, broken bones, anaphylactic shock, small wound management, poisoning, heat exhaustion and heat stroke will also be addressed. Participants spend the majority of the course doing hands on first-aid and participating in first-aid scenarios. By practicing with scenarios students gain confidence, learn to improvise, and react in emergency situations. This course meets Child Licensing guidelines.

**Presenter:** Alert First Aid Facilitator

**Date:** Saturday February 22, 2025

**Time:** 8:30am - 4:30pm

**Cost:** \$100

**Location:** Archway Community Services | Jasbir Saran Room (100B) | 2420 Montrose Ave, Abbotsford V2S 3S9

WORKSHOP 14

# CHILD CARE START-UP INFORMATION SESSION

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**\*NO CERTIFICATE IS GIVEN FOR THIS INFORMATION SESSION**

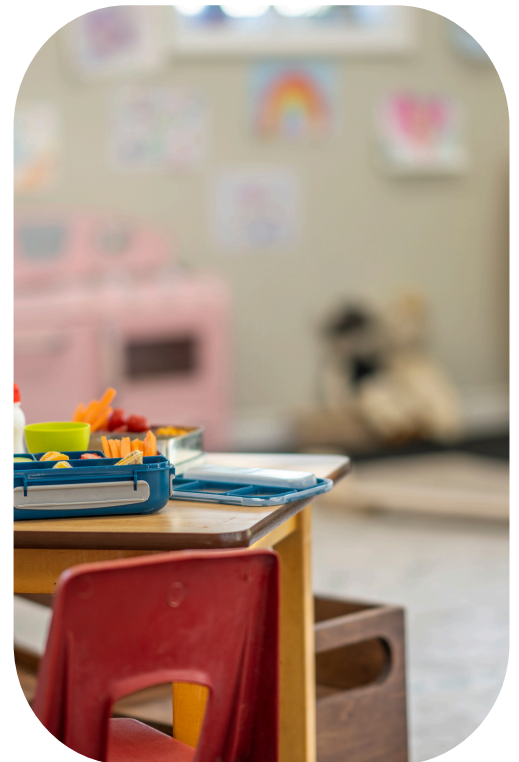
**Date:** Wednesday March 5, 2025

**Time:** 5:15pm - 6:30pm

**Cost:** Free

**Location:** Abbotsford CCRR

#102 - 2469 Montrose Avenue, Abbotsford BC V2S 3T2



WORKSHOP 15

# A DAY IN THE LIFE OF AN OUTDOOR EDUCATOR



Learn first hand what a day looks like as an outdoor educator with Belva Stone. If you've been curious to know what supplies are required, what to do on very wet days, what kind of risk assessments are performed and the truth of what might actually happen, join this workshop! Belva will support her personal anecdotes and factual information with photos from being in the field.

**Presenter:** Belva Stone has been working with children for over 22 years. She has been a certified Early Childhood Educator for last 12 years and has been an outdoor educator for the last 9 years. Belva is the owner and operator of Muddy Boot Prints which is an outdoor early learning program in east Vancouver. She has been working towards getting outdoor education licensed in BC since 2016 and has offered many presentation and workshops to government in hopes of educating.

**Date:** Thursday March 6, 2025

**Time:** 6:30pm - 8:30pm

**Cost:** Members \$15, Non-Members \$20

**Location:** Online via Zoom



WORKSHOP 16

# DELIGHT! EXCITE! INSPIRE! TEACH!

This fun informative on-line workshop will investigate the essential elements needed to create an exciting, motivating, child-focused learning environment for children of all ages. Through a variety of interactive activities, discussion, and demos, we will zoom in on these critical components, so that you can ignite curiosity, assure understanding, impart practical skills, and heighten the emotional, social, and academic success for the children in your care.

During this two-hour virtual training session, you and other specially trained educators will come together to explore and share ideas pertaining to:

- The Vital Role You Play in the Lives of Those in Your Care
- The Impact Covid has had, in Working With the Children and Your Colleagues
- Piaget's Stages of Early Childhood Cognitive Development
- Creative Child-Centred Program Planning Strategies
- Presentation Skills that Foster Engagement, Creativity, Fun, and Learning

**Presenter:** Simmy Zaret, as an educator for both the school and public health systems, I feel privileged to have worked with, taught, counselled, and supported children with special needs and their families for over 35 years. Through an array of workshops and speaking engagements, I now bring my extensive experience to early childhood educators, teachers, administrators, and parents on-line from coast to coast. My focus remains on promoting a holistic, compassionate approach, optimizing success for all students both inside and outside of the classroom. As well, I am currently working on a book which will encapsulate my methodologies, and provide practical, well-honed strategies for promoting joy and success for children of all ages. Besides my active teaching and consulting career, I enjoy a busy family life in Toronto Ontario, where I am a well-known local storyteller, avid painter, and the proud mom of two wonderful young men.

**Date:** Saturday March 8, 2025

**Time:** 9:30am - 12:30pm

**Cost:** Members \$15, Non-Members \$20

**Location:** Online via Zoom



WORKSHOP 17

# SUPPORTING GRIEVING CHILDREN

A child's understanding of loss is tied to their developmental stage. By extension this means they need support in processing and making sense of their loss experiences. A tool we use in our work with bereaved children and families is books. It is important that the child be able to see themselves in the words and images of the book's content. A book that does not fit a child's loss experience risks compromising a sense of safety and belonging – both already in jeopardy in the context of loss. In this workshop we'll explore the relationship among developmental stages, grief responses, signs of distress and support strategies. We'll also look at ways to choose books to fit with a child's/youth's bereavement needs.

**Presenters:** Dr. Catherine Hajnal (Grief and Trauma Educator) and Tara Souch (Registered Clinical Counsellor) use a variety of approaches from group programs and workshops to one-on-one conversations. Working independently and together, their work takes place in schools, offices, nature, retreat centres, and online platforms. Their affiliation with Lumara Grief and Bereavement Care Society has been the focus for the creation of this workshop.

**Date:** Thursday March 13, 2025

**Time:** 7:00pm - 8:30pm

**Cost:** Members \$15, Non-Members \$20

**Location:** Online via Zoom



January-March 2025

WORKSHOP 18

# CEDAR

In this workshop we will bring artifacts and sample to share the story of why the Cedar Tree is important to Stolo people. Attendees will weave a Cedar Heart.

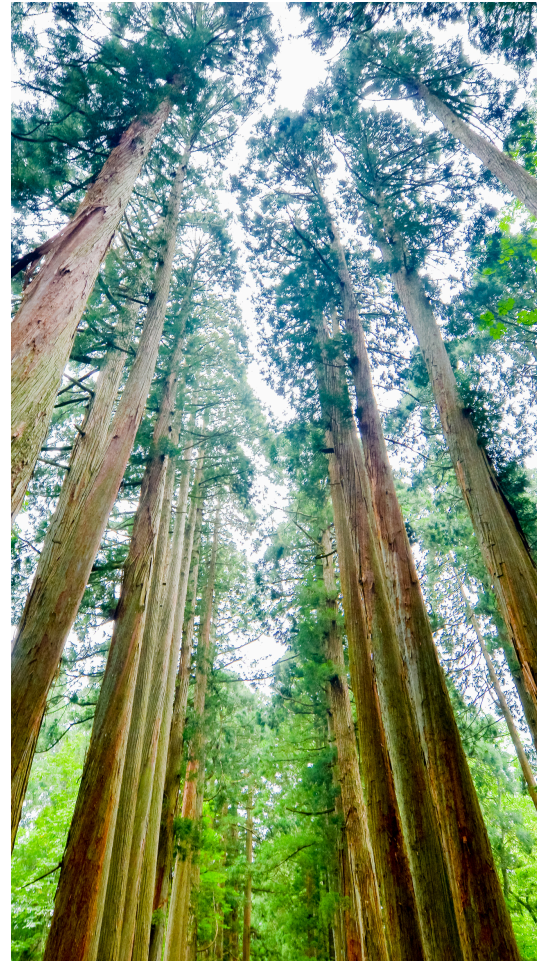
**Presenter:** Chris Kelly is a long term valley resident. Born and raised on Sumas Mountain, of mixed descent. Both First Nations and Metis descent. Long term employee of School District #34 as an Indigenous Support Worker Mentor.

**Date:** Saturday March 15, 2025

**Time:** 9:30am - 12:30pm

**Cost:** Members \$15, Non-Members \$20

**Location:** Archway Community Services | Jasbir Saran Room (100B) | 2420 Montrose Ave, Abbotsford BC V2S 3S9





January-March 2025

WORKSHOP 19

# BUILDING & MAINTAINING PSYCHOLOGICAL WELLNESS IN CHALLENGING TIMES

This session will discuss the importance of self-awareness and being proactive with one's mental health and wellness. The group will discuss challenges and barriers to building and maintaining a healthy work, life balance during challenging times. Understanding how our minds and bodies respond to stress can assist in applying effective strategies that support caring for oneself as well as others.

**Presenter:** Carolyn Sinclair, I started my company Strategic Business Risks Inc. (SBRI) 26 years ago. One of the services SBRI delivers is customized training and resources for responding to critical incidents, emergencies and disaster response and recovery. For more than 25 years I have been an instructor with the Justice Institute teaching in the Emergency Management Division as well as the Centre for Counselling and Community Safety.

**Date:** Thursday March 20, 2025

**Time:** 6:30pm - 8:30pm

**Cost:** Members \$15, Non-Members \$20

**Location:** Online via Zoom



January-March 2025

WORKSHOP 20

# SPRING GARDENING WITH CHILDREN

How can you get kids excited about gardening this spring? In this workshop, you'll get ideas to inspire toddlers to school aged children to get out into the garden. Whether you have a planter box or a whole backyard, we'll talk about simple nature-based activities to connect children to seeds, plants, and pollinators.

**Presenter:** Tricia Edgar grew up in the temperate rainforest of North Vancouver, where she still lives today. She is an education programmer at the Lynn Canyon Ecology Centre and the Program Director of Fresh Air Learning, a local forest school.

**Date:** Saturday March 22, 2025

**Time:** 9:30am - 11:30am

**Cost:** Members \$15, Non-Members \$20

**Location:** Online via Zoom



WORKSHOP 21

# ALERT EMERGENCY FIRST AID CPR - LEVEL C

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**Presenter:** Alert First Aid Facilitator

**Date:** Saturday March 29, 2025

**Time:** 8:30am - 4:30pm

**Cost:** \$100

**Location:** Archway Community Services | Jasbir Saran Room (100B) | 2420 Montrose Ave, Abbotsford BC V2S 3S9



January - March  
2025

## ABBOTSFORD CCRR

### **Address**

#102-2469 Montrose Ave  
Abbotsford V2S 3T2

## Contact Us

### **Phone**

604-850-7934

### **Website**

[www.abbotsfordccrr.ca](http://www.abbotsfordccrr.ca)